

LUNCH MENU FOR MSCU SCHOOL YEAR 2025-26

Rotation	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<i>Meat Sauce w/ Spaghetti</i> <i>Roasted Zucchini, Diced Peaches,</i> <i>Vegan Spaghetti</i>	<i>Beef Tacos w/Tortillas</i> <i>Roasted Cauliflower, Mandarin Oranges,</i> <i>Plant Based Tacos</i>	<i>Sliced Chicken Pita</i> <i>Broccoli, Diced Pineapple,</i> <i>Vegan Tofu</i>	<i>Hot Turkey and Cheese</i> <i>Carrots, Bananas</i> <i>Vegan Sandwiches</i>	<i>Cheese Pizza</i> <i>Green Bean, Diced Pineapple</i> <i>Vegan Pizza</i>
Week 2	<i>3 Cheese Pasta</i> <i>Zucchini, Pineapples,</i> <i>Vegan Pasta</i>	<i>Chicken Fajitas</i> <i>Roasted Cauliflower, Diced Peaches,</i> <i>Veggie Fajitas</i>	<i>Turkey Burgers</i> <i>Potato Wedges, Mandarin Oranges,</i> <i>Vegan Burgers</i>	<i>BBQ Chicken</i> <i>Sweet Potatoes, Applesauce,</i> <i>Vegan BBQ</i>	<i>Bosco Cheese Sticks w/ Marinara Sauce</i> <i>Steamed Broccoli, Bananas,</i> <i>Vegan Wraps</i>
Week 3	<i>Turkey Sloppy Joes</i> <i>Carrots, Peaches,</i> <i>Vegan Chickpea Joes</i>	<i>Spaghetti w/ Turkey Meat Sauce</i> <i>Roasted Green Beans, Bananas</i> <i>Vegan Spaghetti</i>	<i>Chicken Strips</i> <i>Fries, Apple Slices</i> <i>Vegan Strips</i>	<i>Cheese Ravioli</i> <i>Peas, Diced Peaches</i> <i>Vegan Flatbread Pizza</i>	<i>Sliced Chicken and Pita</i> <i>Steamed Broccoli, Pineapples</i> <i>Sliced Tofu</i>
Week 4	<i>Mac and Cheese,</i> <i>Diced Zucchini, Broccoli, Banana</i> <i>Vegan Cheese Sandwich</i>	<i>Chicken Fajitas w/ Tortillas</i> <i>Roasted Potatoes, Mango,</i> <i>Plant Based Tacos</i>	<i>Chicken w/ Gravy,</i> <i>Seasoned Cauliflower, Applesauce</i> <i>Sliced Tofu w/ Gravy</i>	<i>Turkey Links</i> <i>Potatoes O'brien, Diced Pears</i> <i>Vegan Sausage</i>	<i>Cheese Pizza</i> <i>Steamed Broccoli, Mandarin Oranges</i> <i>Vegan Pizza</i>